



January 2018



Unique Peerspectives

** Need to sign-up for these events*

Monthly Calendar

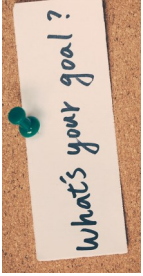



Sun	Mon	Tue	Wed	Thu	Fri	Sat
On Noted Mondays UP will not open until 1 PM	1 Support Group 11-12 Veterans Support Group 1:30-2:30 Open Hours 1-4:30 Happy New Year	2 Bus Pass Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	3 Bus Pass Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	4 Support Group 10-11 Support Group 1:30-2:30 Yoga 3-4 Open Hours 12:30-4:30	5 Support Group 1:00-2:00	6 *New Beginnings 1-2
7 Movies/Games Support Group 1-2	8 Women's Group 1:00-2:00 Veterans Support Group 1:30-2:30 Open Hours 12:30-4:30 1 PM opening	9 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	10 Support Group 10-11 Birthday Celebration 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	11 Support Group 10-11 Support Group 1:30-2:30 Yoga 3-4 Open Hours 12:30-4:30	12 Support Group 1:00-2:00	13 On your Own Activities
14 Movies/Games Support Group 1-2	15 Closed Martin Luther King Jr. Day	16 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	17 Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	18 Support Group 10-11 *Participants Meeting 1 pm Support Group 1:30-2:30 Yoga 3-4 Open Hours 12:30-4:30 	19 Support Group 1:00-2:00	20 *Bingo 12-2
21 Movies/Games Support Group 1-2	22 Women's Group 1:00-2:00 Veterans Support Group 1:30-2:30 Open Hours 12:30-4:30 1 PM opening	23 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	24 Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	25 Support Group 10-11 Support Group 1:30-2:30 Hearing Voices 2-3 Yoga 3-4 Open Hours 12:30-4:30	26 Support Group 1:00-2:00	27 On your Own Activities
28 Movies/Games Support Group 1-2	29 Support Group 11-12 Women's Group 1:00-2:00 Veterans Support Group 1:30-2:30 Open Hours 12:30-4:30	30 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30 *Wellness Group 4:30-6:30 	31 Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30			There will be no Warmline Until further notice
Unique Peerspectives will be open at 420 E. Genesee St in the Gifford Rm (Basement) Until further notice. On Weekends please ring the doorbell or call 315-478-4151 ext 243 and someone will come to the door.				Open Hours Open Hours start at 12:30 Mon - Fri Prior to 12:30 please only come for recovery based activity (Group, 1 on 1 or computer use) Warm Line Hours are 12 - 4 pm Mon - Fri		Center Hours Monday 10:30-4:30 pm Tuesday - Thursday 9:30-4:30 pm Friday 11:30-4:30 pm Saturday 9:30-4:00 pm Sunday 9:00-3:00 pm

Temporary address and number: 📍 420 E. Genesee Street Syracuse, NY 13202 📞 (315) 478-4151 ext 243

January 2018

Schedule of Events

*Sign up is necessary for the following

Date/Time	Activity	Information
Saturday 01/06/18 1-2	New Beginnings	 Free
Thursday 01/18/18 1 pm	Participants Meeting w/Pizza after for attendees	 Free Must arrive by 1:15 to be admitted to meeting
Saturday 01/20/18 12-2	Bingo	 Free
Tuesday 01/30/18 4:30-6:30	Wellness Group	 Free

**In order to be accommodated,
each person must sign up at least 3 days in advance,
in person, for any activities they wish to attend.**

**Please be aware that UP will not be open until 1 PM on
January 8th and 22nd
UP will be closed on January 15th.**