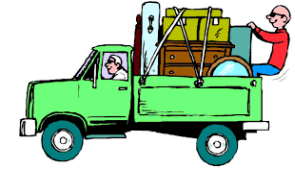




May 2018



Unique Perspectives

**Need to sign-up for these events*





Monthly Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Bus Pass Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	2 Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	3 Bus Pass Support Group 10-11 Support Group 1:30-2:30 Yoga 3-4 Open Hours 12:30-4:30	4 Support Group 1:00-2:00	5 TBA
6 Movies/Games Support Group 1-2	7 Women's Group 1:00-2:00 Veterans Support Group 1:30-2:30 Open Hours 12:30-4:30	8 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	9 Support Group 10-11 Birthday Celebration 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	10 Support Group 10-11 Support Group 1:30-2:30 Yoga 3-4 Open Hours 12:30-4:30	11 Support Group 1:00-2:00	12 TBA
13 Movies/Games Support Group 1-2	14 Support Group 11-12 Women's Group 1:00-2:00 Veterans Support Group 1:30-2:30 Open Hours 1-4:30	15 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	16 Support Group 10-11 Support Group 1:30-2:30 *Chair Yoga / Guided Meditation 2-3 Open Hours 12:30-4:30	17 Support Group 10-11 *Participants Meeting 1 pm Support Group 1:30-2:30 Yoga 3-4 Open Hours 12:30-4:30	18 Support Group 1:00-2:00	19 TBA
20 Movies/Games Support Group 1-2	21 Support Group 11-12 Women's Group 1:00-2:00 Veterans Support Group 1:30-2:30 Open Hours 12:30-4:30	22 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	23 Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	24 Support Group 10-11 Support Group 1:30-2:30 Yoga 3-4 Open Hours 12:30-4:30	25 Support Group 1:00-2:00	26 TBA
27 Movies/Games Support Group 1-2	28 Women's Group 1:00-2:00 Veterans Support Group 1:30-2:30 Open Hours 12:30-4:30	29 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30 *Wellness Group 4:30-6:30	30 Support Group 10-11 Support Group 1:30-2:30 *Reiki 2-3 Open Hours 12:30-4:30	31 Support Group 10-11 Support Group 1:30-2:30 Hearing Voices 2-3 Yoga 3-4 Open Hours 12:30-4:30		There will be no warm line until further notice
			Open Hours Open Hours start at 12:30 Mon - Fri Prior to 12:30 please only come for recovery based activity (Group, 1 on 1 or computer use) There will be no warm line until further notice.		Center Hours Monday 10:30-4:30 pm Tuesday - Thursday 9:30-4:30 pm Friday 11:30-4:30 pm Saturday 9:30-4:00 pm Sunday 9:00-3:00 pm	

May 2018

Schedule of Events

***Sign up is necessary for the following**

<u>Date/Time</u>	<u>Activity</u>	<u>Information</u>
Wednesday 05/16/18 2-3	Chair Yoga / Guided Meditation 	Free
Thursday 05/17/18 1 pm	Participants Meeting w/Pizza after for attendees 	Free Must arrive by 1:15 to be admitted to meeting
Tuesday 05/29/18 4:30-6:30	Wellness Group 	Free
Wednesday 05/30/18 2-3	Reiki 	Free

**In order to be accommodated,
each person must sign up at least 3 days in advance,
in person, for any activities they wish to attend.**