

May 2019



Unique Peerspectives

*Need to sign-up for these events

Monthly Calendar

©Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Bus Pass Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	Center Close -Staff Day-	Bus Pass Support Group 1:00-2:00	4 On your own Activities
5 Movies/Games	Support Group 11-12 Women's Group 1:00-2:00 Walking Group 2-3 Open Hours 12:30-4;30	7 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	Support Group 10-11 *Birthday Celebration 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	9 Support Group 10-11 Pathway to Recovery 1:30-2: Yoga 3-4 Open Hours 12:30-4:30	10 Support Group 1:00-2:00	*Thrift Stores
12 Movies/Games	Support Group 11-12 Women's Group 1:00-2:00 Walking Group 2-3 Open Hours 12:30-4:30	14 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	Support Group 10-11 *Participant's Meeting 1F Yoga 3-4 Open Hours 12:30-4:30	Support Group 1:00-2:00	*Onondaga Lake Park Picnic 10-2 -Bring your own lunch-
19 Movies/Games	20 Support Group 11-12 Women's Group 1:00-2:00 Walking Group 2-3 Open Hours 12:30-4:30	21 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30	Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	Support Group 10-11 Pathway to Recovery 1:30-2: Yoga 3-4 Open Hours 12:30-4:30	24 Support Group 1:00-2:00	25 On your own Activities
26 Movies/Games	Center Closed -Memorial Day-	28 Support Group 10-11 Men's Group 12:00-1:00 Support Group 1:30-2:30 Open Hours 12:30-4:30 *Wellness Group 4:30-6:30	Support Group 10-11 Support Group 1:30-2:30 Open Hours 12:30-4:30	30 Support Group 10-11 Pathway to Recovery 1:30-2 Yoga 3-4 Open Hours 12:30-4:30	31 Support Group 1:00-2:00	
			Open I Open Hours start a Prior to 12:30 please only activity (Group, 1 on There will be no warm li	at 12:30 Mon - Fri come for recovery based 1 1 or computer use)	Tuesday - Thursday Friday 1 Saturday	0:30-4:30 pm 9:30-4:30 pm 1:30-4:30 pm 9:30-4:00 pm 9:00-3:00 pm

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