

1603 Court Street • Syracuse, NY 13208

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## **REGISTER TODAY!**



# Syracuse Auto Dealers Association **Charity Preview**

An elegant evening with Syracuse's finest. Explore the cars, indulge in the food, support an amazing cause.

## Wednesday, February 15, 2017 6:30PM at the OnCenter Complex

Purchase tickets online at www.accesscny.org/events

Services for those with a Mental Health Issue

1603 Court Street Syracuse, NY 13208 315.455.7591

420 East Genesee Street Syracuse, NY 13202 315.478.4151

6666 Manlius Center Road East Syracuse, NY 13057 315.455.7591

Administrative Offices: 315.410.3343

Clinical Services: 315.410.3319

Communications & Development: 315.410.3383

Consumer Directed Homecare: 315.410.3332

DD/ABI Services: 315,410,3301

Exploring Your World Preschool: 315.362.2664 Human Resources: 315.410.3312

Mental Health Services: 315.218.0880

#### www.accesscny.org

#### Agency Services

AccessCNY offers person-centered services that empower individuals of all ages and abilities to reach their full potential as part of our shared community. Services are provided with dedication, compassion, innovation, and commitment.

#### Services for those with a Developmental Disability or ABI

Adaptive Equipment Loan Program Early Intervention Services Advocacy Assistive Technology Augmentative Communication Certified Residential Settings Community Habilitation **Consumer Directed Homecare** Day Habilitation

Certified Residential Services

Association for Community Living

Cerebral Palsy Associations of NYS

National Association for the Education

Association for Persons in Supported Employment

Community Supports

Family Supports

of Young Children

Affiliations

Environmental Modifications Family and Individual Supports Home and Community Based Services Inclusive Preschool Education Individualized Support Services Medicaid Service Coordination Occupational Therapy

Housing Supports

Peer-Based Support

Social Skills Training

Physical Therapy Preschool Evaluations Self-Direction Sensory Integration Social Work Counseling Speech and Language Therapy Supported Employment

NON-PROFIT ORG.

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Supported Education Supported Employment Vocational Rehabilitation

New York Association of Psychiatric Rehabilitation Services Supported Housing Network of New York United Way of CNY





# FROM THE EXECUTIVE DIRECTOR, PAUL JOSLYN

n my brief few months since joining AccessCNY I've seen some amazing things.

I've seen a group of young adults laughing and enjoying each other's company as they prepared and enjoyed a meal together.

I've seen people sharing their experiences with mental illness in an effort to inspire others to their own recovery.

And, I've seen, or rather heard, a group of musicians rocking out on some classic rock favorites.

What's amazing about these experiences is that at AccessCNY they are far from amazing, these are everyday occurrences. Every day, at every turn individuals with developmental disabilities, mental health issues or acquired brain injuries are finding they can achieve more than they ever thought. The tasks are goals; whether it be learning to provide for yourself, learning to be part of a community or relearning how to use a hand through the joy of music.

Learning can't happen without great teachers. At AccessCNY those teachers are called Direct Support Professionals (DSPs) and there are over 1,000 of them working in Central New York. Their classroom is our community. There's no book to teach from, they call on their own life experiences to help an individual with a disability. DSPs make possible that meal, that conversation, that song. Continued inside...

# ACCESSCNY WINS SELF-ADVOCACY AGENCY OF THE YEAR, ADVOCATE STANDS OUT

t this year's Self-Advocates of New York State Conference, AccessCNY was recognized for the support of its Self Advocacy club. The award is given each year to an agency nominated by a Self-Advocate group. At this year's conference, organizations across the state lauded AccessCNY's program, which supports persons with disabilities who learn how to speak up for themselves, help others and build skills along with friendship. "It's nice that AccessCNY is recognized for the unique opportunities we provide people," said Tammy Dietrich, Assistant Program Manager of Community Networks. "AccessCNY is different. We build the schedule of events around what the advocates want to do."

"That's what makes us different. I am so honored that our program was recognized for that, and I am so proud of all the advocates for writing a great nomination," said Mike Sieklucki, Assistant Program Manager. According to the President of the Self-Advocates, Danielle Gladle, the program embodies what being person-centered is all about. "AccessCNY is always there to help us. They help us travel, and the staff is always great."

In October, Self-Advocate Emily Sherman put her knowledge into action. Sherman spoke to represent the views of Self-Advocates at a joint rally and press event AccessCNY held with Arc of Onondaga to



## Winter 2017 Newsletter





Recently State Senator Dave Valesky toured AccessCNY to learn about the services offered and issues impacting people with disabilities. (Pictured: Paul Joslyn, Board Member Virginia Felleman and Senator Valesky

Visit www.accesscny.org/advocacy to get involved!



The AccessCNY Self-Advocates Club stands with the agency award.

raise awareness of low wages for direct support professionals (DSPs). "The services (DSPs provide) like job coaching helped me get a job at Wegmans, which has helped me be more confident in myself," Sherman said, speaking passionately about why AccessCNY staff mean so much to her and why she believes they should be paid fairly.